

Safety-Care™

Advanced Skills Module

QBS will be making a significant change to the Safety-Care advanced modules by combining the two High Severity Behavior Modules into one larger Advanced Skills module. This module is intended to build on the skills and concepts taught in the Safety-Care core curriculum to provide a broad toolbox of additional skills and strategies.

- By combining the two modules together, we can provide an advanced course that has a logical, cohesive sequence that addresses a wide range of needs using a least to most restrictive approach.
- The new module was developed with feedback from hundreds of Safety-Care trainers and comments and suggestions from volunteer reviewers.
- We are adding several skills that were not in either of the two standard High Severity modules and addition additional options and variations. That means that some organizations that that needed special customizations will now more be able to conveniently schedule the standard Safety-Care Advanced Skills module. Agencies that had a small number of trainers, making customization unviable, will be able to access those additional procedures.
- Additions and changes include the following:
 - Full rewrite of all procedures for clarity, succinctness, and applicability to a wide range of clientele and service delivery models.
 - An expanded Peer Aggression chapter that addresses prevention and management of a broader range of peer to peer aggression situations.
 - A Standing to Seated Transition to allow staff to initiate a Floor Seated Stability Hold when necessary for safety.
 - Expanded options for positioning arms in the Supine Stability Hold to address a smaller location, limited staffing, or shoulder mobility limitations.
 - A Seated to Supine Transition to allow staff to change from the Floor Seated Stability Hold to the Supine Stability Hold.
 - An optional training on use of blocking pads as an alternative approach to responding to aggressive behavior, including Blocking Pad Shuffle and Blocking Pad containment competencies.
- The Advanced Skills module is a full day of trainer training. If the entire Advanced Skills course is taught to staff, the specialist version takes 5–6 hours.
- The module is intended to provide a toolbox to address a wide range of potential issues. Some organizations may teach all of the procedures in Advanced Skills, while others will pick and choose the ones that are most appropriate.

- Once the new module is rolled out, we will no longer be teaching the High Severity 1 or High Severity 2 modules. Advanced skills training will encompass the skills previously taught in both of those trainings. Certified trainers in either or both of the previous High Severity modules will be able to update to the Advanced Skills module. Because there are a number of new and changed physical procedures, all updates will be in-person.
- We will make updating to the new module as easy and smooth as possible. Programs with multiple groups of updating trainers, who may recertify at different times of the year, can wait to begin training their staff in the new procedures until after all of their trainers have been updated.

Advanced Skills Module Contents

1. Introduction

Advanced Skills

2. Advanced Physical Safety

Rear Hair Pull Release
Rear Choke Release
Head Lock Release
Triad Tactics

3. Peer Aggression

Peer Aggression Strategies
Peer Separation

4. Vehicle Safety

Prevention and Management of Vehicle Incidents
Hip Sit
1-Person Seated Vehicle Stability Hold

5. Advanced Physical Management

Lift to Standing Transition
Standing to Seated Transition
Object Control Stability Hold4

6. Floor Holds

Safety Precautions for Floor Holds
Supine Stability Hold
Standing to Supine Transition
Seated to Supine Transition

7. Review and Practice

Review
Practice

Blocking Pad Procedures (Optional)

Blocking Pad Shuffle

Blocking Pad Containment